**Video Title:** Endless Memory, Part 1

**Video URL:** <https://www.youtube.com/watch?v=2zTkBgHNsWM&index=7&list=PL7A6233D1E2DCD471>

**Run Time:** 13:34

**Source:** CBS New-60 Minutes/YouTube

**Closed Caption Available: Yes**

Chapter 2 defines autobiographical memory as a memory for events that have a powerful effect on us. Everyone has autobiographical memories. However, some can recall more life events than others. This video explores a recently discovered type of autobiographical memory called “superior autobiographical memory”. People with this type of autobiographical memory have extraordinary memories of events that happened in their lives. As you watch the video, answer the following questions:

1. What is “superior autobiographical memory”?

2. How does Louise Owen’s autobiographical memory work?

3. How do scientists determine if Owen’s autobiographical memories are accurate?

4. How do others react to the people profiled in the video?

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5. What are some of the downsides of having superior autobiographical memories?

6. How is your autobiographical memory? How well can you recall important events from your life?