**Body Language at Work**

**Nonverbal communication, body language, listening, tactile communication**

Description: This video discusses nonverbal communication and its impact. Specifically, this news segment explores body language and the positive and negative effects it can have in relationships as well as the workplace.

Please share your thoughts on the following issues as you watch this clip about body language in the workplace. This clip looks at some best practices in nonverbal communication.

*Use with:* <https://www.youtube.com/watch?v=wW0cabgXIzk>

1. In what ways could paying attention to body language be valuable in the workplace?
2. Why is a handshake important?
3. Why is minding personal space important during a meeting?
4. In what ways do actions speak louder than words?
5. How can someone appear more confident through body language?